

COLOSTOMY NURSING CARE PLAN:

Assessment	Diagnosis	Inference	Planning	Intervention	Rationale	Evaluation
Patient reports mild stoma-related discomfort and occasional leakage; peristomal skin shows slight redness.	Impaired Skin Integrity related to peristomal irritation.	Leakage and friction from the appliance are causing skin irritation.	Patient will demonstrate improved skin condition and report less discomfort within 3 days.	Instruct on proper cleaning techniques; ensure proper fitting of the colostomy appliance; apply skin barrier wipes as needed.	Prevents further skin breakdown and promotes healing of the peristomal area.	Reduced redness and improved skin integrity observed; patient reports decreased discomfort.
Patient experiences moderate pain around the stoma site post-surgery.	Acute Pain related to surgical incision and stoma formation.	Postoperative pain is common and can affect recovery if not managed.	Patient will report a pain level of 3/10 or less within 24 hours.	Administer prescribed analgesics; use non-pharmacological pain relief methods; reassess pain every 4 hours.	Effective pain control facilitates recovery and encourages mobility.	Patient's pain score reduces as expected and remains stable.
Patient expresses confusion about colostomy care and appliance management.	Deficient Knowledge regarding colostomy self-care.	Lack of understanding may lead to improper care and increased complications.	Patient will verbalize understanding of colostomy care procedures before discharge.	Provide detailed education with demonstrations; distribute written and visual educational materials; encourage questions.	Education empowers the patient to manage their colostomy effectively and reduces anxiety.	Patient correctly explains care procedures and demonstrates proper technique.
Patient shows signs of anxiety about body image and lifestyle changes.	Anxiety related to altered body image and fear of social stigma.	Emotional distress may affect treatment	Patient will verbalize reduced anxiety and show willingness to	Offer emotional support; engage in counseling sessions;	Emotional support improves coping mechanisms and	Patient reports decreased anxiety and actively

		adherence and overall well-being.	participate in support groups by discharge.	involve family members in care discussions.	adherence to the care plan.	participates in support activities.
Patient's stoma output is within expected limits, but documentation is inconsistent.	Risk for Infection due to potential for inadequate hygiene and appliance changes.	Inconsistent documentation may lead to lapses in care and increased infection risk.	Ensure consistent monitoring and documentation of stoma output and skin condition.	Implement a standardized charting system; schedule regular stoma assessments; reinforce hand hygiene and aseptic techniques.	Consistent monitoring reduces the risk of unnoticed complications and infections.	Regular, accurate documentation is maintained; no signs of infection develop.