

NURSING CARE PLAN FOR POSTPARTUM HEMORRHAGE:

Assessment	Nursing Diagnosis	Goal/Expected Outcome	Intervention/Planning	Implementation	Rationale	Evaluation
<p>Subjective Data: - Patient reports heavy vaginal bleeding and dizziness.</p> <p>Objective Data: - Blood pressure: 90/60 mmHg; heart rate: 120 bpm; decreased urine output.</p>	<p>Deficient Fluid Volume related to blood loss as evidenced by hypotension, tachycardia, and reduced urine output.</p>	<p>Short-Term: - Within 1 hour, stabilize vital signs and increase urine output.</p> <p>Long-Term: - Patient maintains stable hemodynamic status.</p>	Administer IV fluids and blood products as ordered; monitor vital signs and urine output.	Begin fluid resuscitation immediately; reassess vital signs every 15-30 minutes; document changes.	Rapid fluid replacement restores blood volume and prevents shock.	Vital signs improve; urine output increases; patient reports reduced dizziness.
<p>Subjective Data: - Patient experiences severe pain and cramping in the abdomen.</p> <p>Objective Data: - Patient rates pain as 8/10; observable uterine atony.</p>	<p>Acute Pain related to uterine atony and tissue trauma as evidenced by severe abdominal pain and cramping.</p>	<p>Short-Term: - Within 1 hour, reduce pain levels to 4/10.</p> <p>Long-Term: - Patient achieves manageable pain with effective uterine contraction.</p>	Administer prescribed analgesics and uterotonic medications; perform uterine massage.	Give pain medication as ordered; conduct uterine massage; reassess pain every 30 minutes.	Pain relief and uterine stimulation enhance comfort and reduce bleeding.	Pain levels decrease; uterine tone improves; patient reports comfort.
<p>Subjective Data: - Patient expresses</p>	<p>Ineffective Health Management</p>	<p>Short-Term: - Within 24 hours,</p>	Develop a detailed education plan on	Conduct individual teaching sessions;	Education reduces anxiety	Patient demonstrates

<p>concern about ongoing bleeding and uncertainty about discharge instructions.</p> <p>Objective Data:</p> <ul style="list-style-type: none">- Patient appears anxious;inconsistent understanding of self-care measures.	<p>related to a lack of knowledge about postpartum care as evidenced by anxiety and uncertainty.</p>	<p>patient verbalizes key aspects of the care plan.</p> <p>Long-Term:</p> <ul style="list-style-type: none">- Patient adheres to prescribed care routines and attends follow-up visits.	<p>postpartum care, including wound care and signs of complications.</p>	<p>provide written materials; schedule follow-up calls and visits.</p>	<p>and improves adherence to care practices.</p>	<p>understanding; adherence to care improves; follow-up confirms consistency.</p>
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