

NURSING CARE PLAN FOR A PATIENT WITH A KNOWLEDGE DEFICIT

Assessment	Nursing Diagnosis	Goal/Expected Outcome	Intervention/Planning	Implementation	Rationale	Evaluation
<p>Subjective Data: - Patient says, "I don't know much about my illness."</p> <p>Objective Data: - Patient appears confused when asked about treatment; unable to list key facts about their condition.</p>	<p>Knowledge Deficit related to insufficient information about the disease process, treatment regimen, and self-care practices, as evidenced by the patient's inability to verbalize essential information.</p>	<p>Short-Term: - Within 24 hours, the patient will correctly answer basic questions about their illness and treatment.</p> <p>Long-Term: - Within one week, the patient will demonstrate effective self-care by following the treatment plan independently.</p>	<p>Plan an educational session using simple language and visual aids. Create handouts that explain the condition, treatment, and self-care steps.</p>	<p>Conduct a one-on-one teaching session with the patient and family. Use pictures, simple charts, and interactive discussion to explain key points. Encourage the patient to ask questions and use the teach-back method to confirm understanding.</p>	<p>Using clear, simple language and visual aids helps the patient understand complex medical information and improves their ability to manage their condition.</p>	<p>Patient can accurately list at least three important facts about their condition. Family reports improved understanding and adherence to the care plan. Patient demonstrates increased confidence in self-care practices.</p>