

NURSING CARE PLAN FOR EYE INFECTION PDF

Assessment	Nursing Diagnosis	Goal/Expected Outcome	Intervention/Planning	Implementation	Rationale	Evaluation
Patient reports pain, redness, and watery discharge in the affected eye.	Acute Pain related to inflammation of the conjunctiva as evidenced by patient self-report of pain (8/10).	Patient will report a reduction in pain to 4/10 within 24 hours.	Administer prescribed topical antibiotic and analgesic eye drops; apply warm compresses.	Administer eye drops as scheduled; instruct on compress application.	Reducing inflammation will decrease pain and promote healing.	Patient reports lower pain levels; observed decrease in redness.
Patient demonstrates poor hand hygiene and shares personal items, risking infection spread.	Risk for Infection related to non-adherence to hygiene practices as evidenced by sharing towels and eye makeup.	Patient and caregiver will verbalize proper hand and eye hygiene techniques within 48 hours.	Educate on handwashing and disinfection practices; provide educational materials.	Conduct one-on-one education session; distribute printed guidelines.	Effective hygiene prevents the spread of infection.	Patient and caregiver demonstrate correct handwashing technique.
Patient presents with blurred vision and irritation in one eye following a recent upper	Impaired Comfort related to viral conjunctivitis as evidenced by blurred vision and irritation.	Patient will experience symptomatic relief with improved visual	Administer prescribed antiviral drops; encourage use of artificial tears and cool compresses.	Assist with drop instillation; demonstrate compress application.	Antiviral treatment reduces viral load and alleviates symptoms.	Improved vision and reduced irritation reported by the patient.

respiratory infection.		clarity within 48 hours.				
Patient complains of eye itching and discomfort associated with allergic conjunctivitis.	Knowledge Deficit related to improper eye care for allergic reactions as evidenced by patient's lack of understanding.	Patient will demonstrate proper use of antihistamine drops and avoidance of allergens within 24 hours.	Provide detailed education on the use of antihistamine drops and allergen avoidance.	Teach patient proper drop instillation; discuss allergen avoidance strategies.	Educating the patient improves self-care and reduces recurrence.	Patient successfully demonstrates drop instillation and verbalizes allergen avoidance techniques.
Patient's eye shows persistent purulent discharge despite initial treatment.	Ineffective Health Maintenance related to incomplete adherence to medication regimen as evidenced by ongoing discharge.	Patient will adhere to the full course of prescribed medications and show a decrease in discharge within 72 hours.	Reinforce medication adherence; set up reminders; re-educate on drop instillation techniques.	Review medication schedule; provide follow-up call and written instructions.	Consistent medication use is critical to resolving infection.	Decrease in discharge and improved adherence noted during follow-up.