

## NURSING CARE PLAN FOR ORAL CARE:

Assessment	Nursing Diagnosis	Goal/Expected Outcome	Intervention/Planning	Implementation	Rationale	Evaluation
<p><b>Subjective Data:</b> - Patient reports sore gums and difficulty chewing.</p> <p><b>Objective Data:</b> - Red, swollen gums and plaque buildup; patient shows discomfort during meals.</p>	<p><b>Impaired Oral Mucous Membrane Integrity</b> related to plaque buildup and inflammation as evidenced by sore, swollen gums and chewing difficulty.</p>	<p><b>Short-Term:</b> - Within 1 day, reduce gum discomfort and swelling.</p> <p><b>Long-Term:</b> - Maintain a healthy oral mucosa and improved chewing function.</p>	<p>Plan to use prescribed antimicrobial mouthwash and instruct on proper oral hygiene practices.</p>	<p>Instruct patient on proper brushing and flossing; apply a saline rinse; monitor for healing signs.</p>	<p>Reducing bacterial load promotes healing and reduces inflammation.</p>	<p>Gums show reduced swelling; patient reports less pain; oral hygiene improves.</p>
<p><b>Subjective Data:</b> - Patient complains of dry mouth and difficulty swallowing.</p> <p><b>Objective Data:</b> - Observed dry oral mucosa and reduced saliva production.</p>	<p><b>Risk for Impaired Oral Mucous Membrane Integrity</b> related to dry mouth as evidenced by discomfort and difficulty swallowing.</p>	<p><b>Short-Term:</b> - Within 1 day, improve oral moisture and reduce discomfort.</p> <p><b>Long-Term:</b> - Maintain adequate saliva levels and comfortable</p>	<p>Plan to administer saliva substitutes and encourage frequent fluid intake.</p>	<p>Provide moisturizing gels; educate patient to sip water regularly; monitor oral moisture.</p>	<p>Adequate moisture protects oral tissues and facilitates effective swallowing.</p>	<p>Oral mucosa appears more moist; patient reports improved comfort; swallowing improves.</p>

		swallowing function.				
<b>Subjective Data:</b> - Patient expresses confusion about maintaining oral hygiene. <b>Objective Data:</b> - Patient demonstrates inconsistent oral care; family expresses uncertainty.	<b>Deficient Knowledge</b> regarding proper oral hygiene related to insufficient education as evidenced by inconsistent care practices.	<b>Short-Term:</b> - Within 24 hours, patient and family verbalize key oral hygiene techniques. <b>Long-Term:</b> - Patient adheres to a regular oral care routine.	Develop an education plan with clear instructions and visual aids about proper oral care.	Conduct teaching sessions; distribute written materials; schedule follow-ups to reinforce learning.	Education empowers patients and improves adherence to oral care practices.	Patient and family demonstrate understanding; adherence improves; follow-up confirms consistent care.