

## NURSING CARE PLAN FOR PERICARDITIS:

Assessment	Nursing Diagnosis	Goal/Expected Outcome	Intervention/Planning	Implementation	Rationale	Evaluation
<p><b>Subjective Data:</b></p> <ul style="list-style-type: none"> <li>- Patient reports sharp chest pain that worsens when lying down.</li> </ul> <p><b>Objective Data:</b></p> <ul style="list-style-type: none"> <li>- ECG shows abnormal rhythms; blood pressure is slightly low; patient appears fatigued.</li> </ul>	<p><b>Decreased Cardiac Output</b> related to pericardial inflammation as evidenced by chest pain, abnormal ECG, and fatigue.</p>	<p><b>Short-Term:</b></p> <ul style="list-style-type: none"> <li>- Within 1 hour, reduce chest pain and stabilize heart rate.</li> </ul> <p><b>Long-Term:</b></p> <ul style="list-style-type: none"> <li>- Patient maintains improved cardiac output and regular heart rhythm.</li> </ul>	Administer prescribed anti-inflammatory medications and analgesics; monitor ECG continuously.	Deliver medications as ordered; reassess vital signs and ECG every 15-30 minutes; document changes.	Anti-inflammatory treatment reduces pericardial inflammation, improving cardiac function.	ECG normalizes; chest pain decreases; patient reports increased comfort.
<p><b>Subjective Data:</b></p> <ul style="list-style-type: none"> <li>- Patient expresses concern about managing symptoms at home.</li> </ul> <p><b>Objective Data:</b></p>	<p><b>Deficient Knowledge</b> regarding pericarditis management as evidenced by patient</p>	<p><b>Short-Term:</b></p> <ul style="list-style-type: none"> <li>- Within 24 hours, patient verbalizes key self-care strategies.</li> </ul> <p><b>Long-Term:</b></p> <ul style="list-style-type: none"> <li>- Patient adheres to the care plan and attends</li> </ul>	Develop a detailed education plan on pericarditis, including medication use, activity guidelines, and warning signs.	Conduct individual teaching sessions; provide written materials and visual aids; schedule regular follow-ups.	Education empowers patients to manage their condition and reduces anxiety.	Patient demonstrates increased understanding; adherence improves; follow-up confirms consistency.

<b>- Patient asks questions about self-care; signs of anxiety observed.</b>	uncertainty and anxiety.	follow-up appointments consistently.				
---	--------------------------	--------------------------------------	--	--	--	--