NURSING CARE PLAN TEMPLATE FOR AMPUTATION

Nursing Diagnosis	Patient Goals/Expected Outcomes	Assessment Data	Nursing Interventions	Rationale	Evaluation	Documentation/Follow- Up
Risk for Infection	Prevent wound infection	Redness, warmth at the surgical site	Clean and dress wound per protocol	Prevents bacterial invasion and promotes healing	No signs of infection observed	Record wound status every shift; reassess regularly
Acute Pain	Reduce pain to a tolerable level	Pain score of 8/10 post- surgery	Administer pain medication as prescribed	Relieves pain, improves comfort, and facilitates mobility	Pain score reduced to 4/10	Document pain assessments and medication timing
Impaired Physical Mobility	Improve mobility and promote independence	Limited movement, muscle weakness	Assist with physical therapy exercises	Enhances strength, improves function, and prevents complications	Increased range of motion observed	Record therapy sessions and patient progress
Ineffective Coping	Enhance emotional adjustment and support	Patient reports feelings of loss and anxiety	Provide counseling and facilitate support group participation	Supports emotional well- being and adjustment to limb loss	Patient shows improved mood and cooperation	Document counseling sessions and follow-up notes