

MPOX NURSING CARE PLAN

Assessment	Nursing Diagnosis	Goal/Expected Outcome	Intervention/Planning	Rationale	Evaluation	Notes
Patient presents with fever, rash, and swollen lymph nodes.	Risk for Infection	Patient remains free of secondary infections within 48 hours.	Implement strict isolation; monitor vital signs; enforce hand hygiene protocols.	Prevents the spread of the virus and minimizes complications.	No new lesions; stable vital signs recorded every shift.	Continue regular assessments and update as needed.
Patient reports moderate to severe pain at lesion sites.	Acute Pain	Pain level reduced to 3/10 within 72 hours.	Administer prescribed analgesics; apply topical treatments; use cool compresses on lesions.	Reducing pain improves comfort and facilitates cooperation in care.	Patient reports decreased pain and improved comfort during care.	Reassess pain levels every 4 hours and adjust medications as necessary.
Patient shows signs of anxiety and isolation after diagnosis.	Ineffective Coping	Patient verbalizes reduced anxiety and increased understanding of Mpox.	Provide clear education on the disease; offer emotional support; involve family in care discussions.	Education and support reduce anxiety and promote effective coping.	Patient engages more actively in discussions and shows lower anxiety levels.	Document patient's feedback and adjust counseling sessions accordingly.