

NURSING CARE PLAN FOR IMPAIRED THOUGHT PROCESSES & COGNITIVE IMPAIRMENT

Assessment	Nursing Diagnosis	Goal/Expected Outcome	Intervention/Planning	Implementation	Rationale	Evaluation
<p>Subjective Data: - The patient appears confused and struggles to follow simple instructions.</p> <p>Objective Data: - Disorganized speech and difficulty with short-term memory tasks observed.</p>	<p>Impaired Thought Processes related to neurological dysfunction as evidenced by disorganized thinking and confusion.</p>	<p>Short-Term: - Within 48 hours, the patient will follow simple instructions with minimal prompts.</p> <p>Long-Term: - The patient will demonstrate improved organization of thoughts and better memory recall during daily activities.</p>	<p>Provide structured routines and use clear communication; introduce cognitive stimulation activities.</p>	<p>Implement a daily schedule; use brief, simple instructions; engage in memory games and puzzles; monitor cognitive status regularly.</p>	<p>A structured environment and cognitive stimulation enhance mental clarity and support recovery.</p>	<p>The patient shows improved organization of thoughts and follows instructions with fewer cues, as noted in assessments.</p>
<p>Subjective Data: - The patient expresses frustration about memory lapses and difficulty focusing.</p>	<p>Cognitive Impairment related to memory deficits and poor concentration as evidenced by difficulty</p>	<p>Short-Term: - Within 24 hours, the patient will identify one effective coping strategy to manage anxiety related to memory loss.</p>	<p>Teach relaxation techniques and coping strategies; provide counseling referrals; monitor the patient's response to cognitive exercises.</p>	<p>Introduce deep breathing exercises; schedule short counseling sessions; document changes in anxiety levels and</p>	<p>Addressing anxiety and providing coping strategies help improve overall cognitive</p>	<p>The patient reports reduced anxiety and shows improved concentration, as documented</p>

Objective Data: - The patient shows signs of anxiety and disorientation during tasks.	recalling information and maintaining focus.	Long-Term: - The patient will report reduced anxiety and demonstrate improved concentration during activities.		concentration during tasks.	function and quality of life.	in follow-up assessments.
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