

Nursing Care Plan for Total Parenteral Nutrition

Assessment	Nursing Diagnosis	Goal/Expected Outcome	Intervention/Planning	Implementation	Rationale	Evaluation
<p>Subjective Data:</p> <ul style="list-style-type: none"> - The patient expresses concern about not receiving adequate nutrition and reports feeling weak. <p>Objective Data:</p> <ul style="list-style-type: none"> - Weight loss is observed; lab values indicate low protein levels. 	<p>Imbalanced Nutrition: Less Than Body Requirements related to inability to use the gastrointestinal tract for nutrition, as evidenced by weight loss and lab abnormalities.</p>	<p>Short-Term:</p> <ul style="list-style-type: none"> - Within 72 hours, the patient's nutritional markers will improve as indicated by lab tests. <p>Long-Term:</p> <ul style="list-style-type: none"> - The patient will maintain a stable weight and show improved strength and energy levels. 	<p>Initiate TPN feeding as prescribed; monitor nutritional markers and weight daily; adjust TPN formulation based on lab results.</p>	<p>Administer TPN via central line; check lab values regularly; document changes in weight and energy levels.</p>	<p>TPN provides essential nutrients that cannot be obtained enterally, improving nutritional status and energy.</p>	<p>Nutritional markers improve, and the patient reports increased energy, as documented in follow-up assessments.</p>
<p>Subjective Data:</p> <ul style="list-style-type: none"> - The patient is anxious about the central line and possible 	<p>Anxiety related to fear of infection and complications from TPN feeding, as</p>	<p>Short-Term:</p> <ul style="list-style-type: none"> - Within 24 hours, the patient will express reduced anxiety after receiving 	<p>Provide detailed education on TPN procedures and catheter care; offer reassurance and relaxation techniques; schedule regular follow-ups.</p>	<p>Conduct one-on-one teaching sessions; use visual aids to explain catheter care; document anxiety</p>	<p>Reducing anxiety helps improve treatment adherence</p>	<p>The patient reports lower anxiety levels and demonstrates proper</p>

<p>complications. Objective Data: - The catheter site appears clean, but the patient shows signs of anxiety.</p>	<p>evidenced by verbal expressions of concern and physical signs of anxiety.</p>	<p>education and reassurance. Long-Term: - The patient will demonstrate adherence to TPN care and exhibit calm behavior during treatments.</p>		<p>levels pre- and post-intervention.</p>	<p>and overall patient comfort.</p>	<p>catheter care, as observed in follow-up assessments.</p>
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